

What You Can Do

We respectfully suggest, to individuals and groups campaigning for an end to U.S. military and economic warfare against Iraq, Palestine and Afghanistan, the following actions:

i--Stay Informed:

- www.democracynow.org weekday radio with Amy Goodman and Juan Gonzalez
- www.commondreams.org daily news digest and commentary
- www.counterpunch.org daily commentary
- www.vcnv.org Visit our web site and sign up to receive our newsletter.
- www.haaretz.com Israel's leading daily newspaper, established in 1919
- www.electroniciraq.net news and commentary about Iraq and the Direct Aid Initiative
- www.electronicintifada.net news /op-eds about the Israeli-Palestinian Conflict
- www.battlefieldwithoutborders.org buy David Smith-Ferri's book – all proceeds go to Iraqi refugees through the Direct Aid Initiative (see below)

ii--Get Involved,

- www.iraqistudentproject.org working to gain scholarships for Iraqis to study in the United States
- www.directaidiraq.org working to identify Iraqis with acute medical needs and to assist in direct health care delivery
- www.nomorevictims.org helping Iraqi children to obtain crucially needed health care in the U.S.
- www.iraqichildrensart.org arranging art exchanges between U.S. and Iraqi children
- www.icahd.org oppose and resist Israeli demolition of Palestinian homes.

iii.--Contact Your Representative and Senators,

- www.congress.org or call the U.S. Capitol Switchboard at 1-202-224-3121.
Demand an end to occupations and wars in Iraq, Palestine and Afghanistan

iv. --Be part of Nonviolent Direct Action,

- www.vcnv.org Join our latest initiative.
- www.nwtrcc.org War Tax Boycott – for one year, refuse to pay \$100 of federal income tax used to wage war.

v. --Consume less and recycle.

All wars are fought to gain control of resources and/or trade routes. Living simply can help to reduce the incentive for countries to go to war.